

BLACK BRICK CLUB PROGRAM

04MON

07:30 - 08:30

ROOFTOP **VINYASA FLOW**

Get into the new week with Vinyasa Yoga. This practice encourages you to move from one posture to another rapidly, linking your breathing to the different motions of your body.

To RSVP contact boipelo@blackbrickclub.com. RSVP deadline is the day before by 15:30.

Minimum of four confirmations per activity.

10:30 - 13:30

BLACKBRICK LOBBY

HISTORY OF CAPE TOWN WALK

The history of Cape Town stretches over centuries, and the rich stories of the characters and landscapes that shaped this city are shared with insight and humour.

RSVP deadline is the day before by 15:30.

Minimum of four confirmations per activity.

16:00 - 17:00 CINEMA ROOM **POPCORN CLUB**

TECH TEDX: Grab your complimentary popcorn and check out our Art TEDx recommendations for the week.

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05 TUES

18:30 - 19:30

BLACKBRICK LOBBY PROMENADE

WALK

Let's head to the popular Sea Point Promenade in Cape Town for a light afternoon walk and top it off with a quick bite at Mojo Market.

To RSVP contact boipelo@blackbrickclub.com. RSVP deadline is the day before by 15:30.

Minimum of four confirmations per activity.

17:00 - 18:00

CINEMA ROOM POPCORN CLUB

ART TEDX: Grab your complimentary popcorn and check out our Art TEDx recommendations for the week.

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Minimum of four confirmations per activity.

06 WED

16:00 - 17:00

CINEMA ROOM

POPCORN CLUB

ANIME FILM: Grab your complimentary popcorn and check out our exciting anime film recommendation for the week.

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Minimum of four confirmations per activity.

18:30 - 19:30

ROOFTOP

DANCEFIT WITH ZOE

Join us for this popular high intensity cardio and toning session, infusing Afrobeats, Disco, Hip Hop and more as you dance yourself into shape.

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Minimum of four confirmations per activit







*PROGRAM MAY BE SUBJECT TO CHANGE | For bookings or to collaborate, please contact boipelo@blackbrickclub.com Download the BlackBrick Club App for exclusive content, updates and discounts!

07THU

10:00 - 13:00 BLACKBRICK LOBBY

CERAMIC PAINTING AT **CLAY CAFE**

Join us at this craft focused space that strives to teach like-minded adults to be creative, learn new techniques and just have some fun while enjoying great tapas and relaxing music.

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16:00 - 21:00 THE GALLERY **1ST THURSDAYS** MIXER

Lets meet up for beers and ciders before hitting the town at 19:00 to explore April's 1st Thursday Edition

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Minimum of four confirmations per activity.

08 FRI

07:30 - 08:30

BLACKBRICK LOBBY JOG ON THE

PROMENADE Let's head to the popular Sea Point

Promenade in Cape Town for a light morning jog to start your weekend in high spirits.

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Minimum of four confirmations per activity.

17:00 - 19:00 BLACKBRICK LOBBY

HONEST CHOCOLATE & SECRET GIN

Have a sweet tooth? You'll love Honest Chocolate Café - an indulgent chocolate escape in the heart of the Cape Town City. Hang out in the sunny outside courtyard as you wait for the Secret Gin Bar to open in the evening.

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Minimum of four confirmations per activity.

21:00 - 23:00

BLACKBRICK LOBBY BLACKBRICK **BAR CRAWL**

Explore Cape Town's vibrant nightlife with this exciting tour of bars old and new.

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Minimum of four confirmations per activity.

09 SAT

08:30 - 10:30

BLACKBRICK LOBBY

STAND UP PADDLEBOARD EXPERIENCE

With no hazards and no waves, the V&A Waterfront canals are an ideal place for an easy Stand Up Paddleboard experience and will make you more comfortable and confident on the board.

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Minimum of four confirmations per activity.

13:00 - 15:00

BLACKBRICK LOBBY NEIGHBOURGOODS MARKET TOUR

Neighbourgoods Market brings local artisans, designers, and foodies to the Old Biscuit Mill. This market staple is a must for all those visiting Cape Town

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Minimum of four confirmations per activity.

10 SUN

10:30 - 12:30

BLACKBRICK LOBBY ORANJEZICHT MARKET TOUR

Affectionately known as the organic market, the Oranjezicht City Farm Marke is one of the most popular ways to spend a Sunday morning in Cape Town.

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17:30 - 19:30

BLACKBRICK LOBBY

GALILEO OPEN **AIR CINEMA &** PICNIC

THE INVISIBLE MAN: Experience the magic of an open air cinema at Kirstenbosch Gardens, a lush and refreshing Capetonian favorite.

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